

Part I / Discussion Guide for Groups

How Your Wiring Affects Your Words

Part 1 Discussion Questions

Approximately 35 Minutes of Discussion + 45 Minutes of Video Content



Use screen sharing to watch the video together. Then, pause the video and turn off screen sharing for each discussion break so group members can see each other while talking.

Discussion Break 1 (09:45; Approximately 8 Minutes for Discussion)

Task-Oriented vs. People-Oriented

- Who thinks you are task-oriented? What have you done or said during quarantine that makes you think that?
- Who thinks you are people-oriented? What have you done or said during quarantine that makes you think that?

Discussion Break 2 (18:45; Approximately 3 Minutes for Discussion)

Yellow Strengths and Weaknesses

- Who thinks you might be yellow?
- Which yellow strengths and weaknesses can you relate to?

Discussion Break 3 (22:45; Approximately 3 Minutes for Discussion)

Red Strengths and Weaknesses

- Who thinks you might be red?
- Which red strengths and weaknesses can you relate to?

Discussion Break 4 (24:45; Approximately 3 Minutes for Discussion)

Blue Strengths and Weaknesses

- Who thinks you might be blue?
- Which blue strengths and weaknesses can you relate to?

Discussion Break 5 (27:05; Approximately 3 Minutes for Discussion)

Green Strengths and Weaknesses

- Who thinks you might be green?
- Which green strengths and weaknesses can you relate to?



Skip the next four discussion breaks in favor of one final, longer discussion at the end. The discussion questions are listed on the following page.

Quarantine Quarrels

(AND HOW TO QUIT THEM)

Discussion Break 6 (After the Video; Approximately 15 Minutes for Discussion)

- Does anything you learned make you think differently about a “quarrel” you’ve had recently?

Example: Knowing that I’m green and my spouse is red explains why they’ve been pressuring me to help with house projects and why I’ve been procrastinating.

- Who do you have more grace for now that you understand a little about temperaments?

Example: I have more grace for my blue friend who’s been researching and sharing new articles every day.